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## Board News

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Macville News

Message From the Principal

We often say that Macville is the little school with the big heart. We are so thankful for the people that create this supportive and caring community, our parents, our students and all of our staff members. Mrs. Shewfelt, our office assistant, an integral member of our Macville family will be leaving us to work at another school full time in the upcoming weeks. We want to take this opportunity to wish her well and let everyone know how grateful we are for the community we belong to.

Sincerely,

Kelly Kawabe

Coming in Events

Feb. 2th       Primary Skating
Feb. 5th       Sweater Day
Feb. 7th       Elective Day
Feb. 8th       Report Cards Home
Feb. 9th       PD Day
Feb. 12th      Black History Month Assembly
Feb. 13th      Skills Canada
Feb. 15th      Elective Day
Feb. 19th      Family Day
Feb. 22nd      SciTech Assessment Evening
Feb. 22nd      Girls’ Basketball
Feb. 28th      Local Food Club Delivery
Let’s Read a Grade 8 Mind--It’s an Adventure!

Grade 8 is an extremely hectic time for students, as there’s so much to juggle every day. With things like high school, extra-curriculars or even just a new project looming around every corner, it can be a stressful experience. So, without further ado, let’s jump straight into the mind of a grade 8 student at Macville!

The biggest thing on everyone’s mind right now is high school. Many students applied to various programs such as IB, Sci-tech, or the arts program at Mayfield, and are anxiously waiting for a reply. Even students who are choosing to go to their home school have a lot to think about, like having to adjust to the new environment or dealing with the added workload.

Grade 8 students have also taken on many extra-curriculars like MLG, sports teams, band, library helpers, the musical; there seems to be something to do every single e-break! Not to mention the many projects and tests we have to study for, and the thought that graduation is in only 4 months! Some of us are ready to jump into high school, while the rest of us don’t want to leave Macville. Needless to say, grade 8s have a lot on their plate, but we’re all looking forward to what the future holds.

So, next time you pass a grade 8 student in a Macville hallway (or encounter one at home!), don’t hesitate to ask them where they want to go next!
--TS—Grade 8

Let’s Find Out About Black History Month at Macville!

Hey Macville! All month long, we will gather together to celebrate the achievements of people of African origin. Because of this, Macville is having lots of ways to represent and celebrate Black History Month. First off, we will have our assembly on February 12, where there will be various artistic performances, including a fashion show! There might be food orders, so stay tuned for that. Macville will also have movies and songs about Black history and other ways to celebrate it. There will also be quizzes and games. Black History Month is definitely an exciting month at Macville!
--JA—Grade 7

Let’s Meet Macville’s New Teachers!

We asked Mr. Wilson, the new Sci-tech teacher AND the latest Macvillian to be added to our bunch. He used to teach a Grade 3/4 combined class, which he really misses; but, as he said, new opportunities = new challenges, making 6W a perfect fit for him. He loves the independent learners and the hands-on activities that Sci-tech has to offer him.

--KT—Grade 6
--AM—Grade 6
--TS—Grade 6
What you need to know about head lice

What is head lice?

Head lice are tiny insects that live on the scalp where they lay their eggs. They have three stages: the egg (nit), the nymph and the adult. Head lice do not spread diseases and cannot be spread between animals or pets and humans, only through direct contact between people.

Head lice spread easily, especially where people are in close contact. They are very common among school-aged children or children attending child care, where they spread through direct hair-to-hair contact or directly by sharing things like hats, combs, hairbrushes or headphones.

One of the first signs of head lice is an itchy scalp. However, children can have head lice for several weeks with no symptoms. If you think your child has head lice, check their hair for nits right away, then again after one week and after two weeks.

What to do if your child has lice

Parents are advised to keep their child at home until they have been treated for lice. Students may only return to school if they are “nit-free.” If your child has live lice, ensure that they avoid head-to-head contact with other children until the lice are gone. Children should not share combs, hairbrushes, caps, hats or hair ornaments. You should also check all family members for head lice. Be sensitive to your child’s feelings and let them know that having head lice does not mean they are not clean.

Head lice can be treated with the following approved insecticides:

- pyrethrin (found in R&C Shampoo + Conditioner)
- permethrin (Nix Creme Rinse or Kwellada-P Creme Rinse)
- lindane (Hexit Shampoo or PMS-Lindane Shampoo).
Healthy Body! Healthy Mind!

When we invest in our physical health, will be able to combat stress and anxiety with greater success. This includes being:

- Well-rested
- Well-nourished
- Well-exercised

Some Tips:

**Set a Sleep Schedule** – Set an alarm to go to bed! Our body likes a regular schedule. Bedtimes and wake times should not vary by more than one hour from one day to the next.

**Drink plenty of water** - Many of us go through life dehydrated—causing tiredness, low energy, and headaches. It’s common to mistake thirst for hunger, so staying well hydrated will also help us make healthier food choices.

**More steps** – Step side to side. Start by doing it 10 times per foot. Do this while watching TV, working on your computer or brushing your teeth. Do it with your children to make it fun.
Offence Declaration required for returning ..... 

Parents play an important role in the development and education of their children and in the success of the school community. At (insert name of school), we welcome and encourage the participation of parents and community members, and are grateful for the countless hours our volunteers contribute throughout the school year.

To volunteer at our school, you must complete a short interview and a criminal record check. A criminal record check is required for all school volunteers in Ontario. Even if you want to accompany your child on a field trip, you need this record check.

Once you have completed the process, you are on file with the Peel District School Board as being a school volunteer. All returning volunteers will receive an Offence Declaration form that must be filled out and returned to the board office each year. Completing the Offence Declaration will ensure that you can continue volunteering in the next school year. Expect to receive the form in mid-February.
Register today for Adult ESL or LINC classes

Do you know an adult that is interested in improving their English language skills for work, study or daily life?

Through the Continuing & Adult Education department, the Peel District School Board offers a wide variety of English language classes that help parents experience success in Canadian English in both listening/speaking and reading/writing. Courses are designed for a range of basic, intermediate and advanced English (Levels 1 to 7) as well as the more experienced learner needing to prepare for an IELTS exam.

Winter courses begin February 5, 2018.

All learners that complete a session will earn a certificate of learning from the Peel District School Board.

Classes operate from six locations in Brampton and Mississauga with three specially designed adult centres at:
  - **Bramalea** - Adult Education Centre - 25 Kings Cross Road, Unit 3
  - **Brampton** - Adult Education Centre - #300 - 7700 Hurontario Street
  - **Mississauga** - Adult Education Centre - 100 Elm Drive West, Room 117

To learn more or to register, call **905-270-6000**. Course registrations are ongoing till the end of the semester.

Also visit [www.peelschools.org/adulteducation](http://www.peelschools.org/adulteducation) or follow us on Twitter: @PDSBLearnESL
Conference helps parents empower modern learners

The Peel District School Board is hosting its annual parent conference, co-presented by the Peel Elementary Teachers’ Local, on Saturday, March 24, 2018, at Mississauga Secondary School in Mississauga. Once again, the conference will focus on Empowering Modern Learners. Parents will still have the opportunity to attend workshops on topics, including numeracy, literacy, special education, technology and science.

This free learning event is open to Peel parents of students at all grade levels.

Our keynote presentation will be delivered by Dwayne Matthews, a life and education strategist, who converges and shares knowledge on modern learning, disruptive technology,
Bus cancellation and closing schools due to bad weather

During the winter months, we may need to cancel buses or close schools because of inclement weather.

Information regarding details of cancellations or closures will be announced on radio and television stations listed below and will also be available on Twitter @Peelschools, Facebook at www.facebook.com/peelschools, www.peelschools.org and www.stopr.ca or by calling 905-890-1010 or 1-800-668-1146.

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One of the following messages will be announced (highlighted text only):

Peel District School Board buses are cancelled
This means that schools remain open for students and staff, but buses are cancelled. Bus cancellations could occur in all or parts of municipalities. Buses will remain cancelled all day. All activities that require busing will also be cancelled. Permits, night school classes, child care and other activities in schools will operate as usual.

All Peel District School Board schools and board offices are closed
This means that all schools and Peel board offices are closed to students and staff. All activities in schools and board offices are also cancelled, including child care, night school and permits.

All evening programs and permits at the Peel District School Board are cancelled
This means that all activities in schools and Peel board offices are cancelled, including continuing education courses and events. The buildings will be closed.

All weekend programs and permits at the Peel District School Board are cancelled
This means that all activities in schools and Peel board offices are cancelled, including continuing education courses and events. The buildings will be closed.
Help your family stay warm this winter

Canada Safety Council recommends the following tips for staying comfortable and preventing hypothermia when working or playing outdoors:

- Wear a warm hat—most body heat is lost through the head. Children should keep an extra hat at school.
- Wear layered clothing. Layers allow warm air to stay trapped around the body.
- Protect your feet and hands. Wear loose waterproof boots. If the boots have liners, carry an extra pair to replace damp ones or take an extra pair of socks. Invest in thick socks to keep your feet warm. Mittens are warmer than gloves. Carry an extra pair of mittens to school, on outings, etc.
- Prevent dehydration and exhaustion, which can lead to hypothermia. Drink plenty of fluids and pace yourself when doing vigorous activities.
- Stay fit by exercising and eating well—people who are fit are less susceptible to hypothermia.
- If you stay indoors, avoid moving from a hot environment to a cold one. Excessive sweating caused from an extreme change in temperature increases the risk of developing hypothermia.
- Eat high-energy food such as nuts and raisins. A balanced diet will also help keep you warm and healthy in the winter.
- If you are travelling (on the road or in the wilderness) carry emergency supplies.
It’s time to register children born in 2014 for kindergarten

We inspire success, confidence and hope in each student...and it all starts in kindergarten! If your child was born in 2014, he or she can start kindergarten in September 2018. You can register your child at any time during regular school hours—just visit the school he/she will be attending to register.

Peel schools will also hold a Kindergarten Registration Week with special registration activities during Jan. 29 to Feb. 2, 2018. Visit Macville Public School from:

- Jan. 29 to 31, 2018 – from 9 a.m. to 3 p.m.
- Feb. 1, 2018 – from 9 a.m. to 3 p.m. and 5 to 8 p.m.
- Feb. 2, 2018 – from 9 a.m. to 3 p.m.

What you will need to bring to registration

Proof of child’s age (one of the following)
- Canadian birth certificate
- Canadian passport
- citizenship card/certificate
- Permanent Resident Card
- confirmation of permanent residence
- work permit
- refugee permit

Proof of address (one of the following)
- Ontario driver’s license
- utility bill
- bank statement/client slip (directly from financial institution)
- credit card statement
- federal government forms (e.g. Social Insurance Number, Service Canada documents)
- purchase agreement

Proof of custody – children must live with their parent(s) unless provided documentation supports an alternate living arrangement

Proof of immunization – proof that your child has been immunized/vaccinated