

Palgrave PS Newsletter

October 2019



We have had a number of changes already this school year - as you may be aware. During re-org we had to move about 35 students in order to comply with Ministry of Education standards on primary class size. This has resulted in a number of split classes. However, please be assured that we have amazing teachers here at Palgrave and they are more than capable of ensuring that each child received a quality education that is appropriate to their respective grade level.

Calendar of Events:

- **October 8** - Dental Screening (JK, SK and Grade 2)
- **October 9** - Palgrave School Terry Fox Run ; School Council and Home & School Meeting
- **October 11** - PD Day - No school for students
- **October 14** - Thanksgiving - NO SCHOOL
- **October 17** - Grade 6 Trip
- **October 17** - Grade 5 Trip
- **October 18** - Junior Cross Country Tournament; Lockdown Drill
- **October 23** - Cross Country Tournament
- **October 25** - Spirit Day - School Colours ; monthly assembly @ 10:00
- **October 28** - Grade 3 Trip
- **October 29** - Class Photo Day (and Retakes)
- **October 30** - Bus Patrollers Training
- **October 31** - HALLOWEEN - Costume Parade; Spirit Day - Costumes or Orange & Black
- **November 8** - PROGRESS REPORTS GO HOME
- **November 14** - Parent/Teacher Conferences
- **November 15** - PD Day

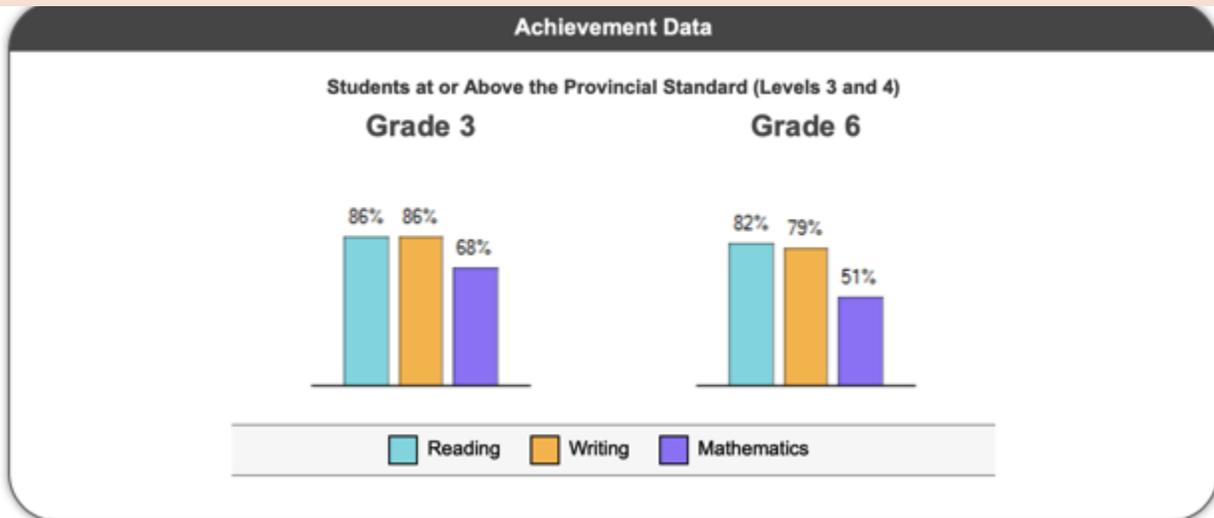
We congratulate Mrs. Ward on securing a 1.0 full time position but are sad that it is not here at Palgrave. Mrs. Ward was teaching the Grade 7 class (LASS) on a 0.4 FTE. She was with us every morning. In her absence we have made some changes that will NOT affect the timetables and will continue to maintain consistency for the students. Mrs. Patten will be taking over the Grade 7 class full time and teaching all subjects (except gym, french and music). Mrs. D'Alfonso will be assuming the Librarian position 4 mornings a week and will continue with her Kindergarten position Our school organization is as follows:

Kindergarten	Mrs. Peck/D'Alfonso and Mrs. Glassford, Mrs. DeThomasis and Mrs. Sousa and Ms. Buecking	JCOM	Mrs. Aitkins
		ICOM	Mrs. Vanderlinde
		French	Mrs. Chudzinski and Mrs. Trivelli
		ISSP	Mrs. O'Meara and Mrs. Maw
Grade		Guidance	Mrs. Maw
1A	Mrs. Poole	ESL	Mrs. McCann
1B	Ms. Follis	TA	Ms. Gibson, Ms. Beeton, Ms. Varcoe
1/2	Mrs. Oates		
2	Mrs. Crane	BTA	Mrs. Feeney
2/3	Mrs. Mistry	Music	Mr. Matuszczak
3	Mrs. Favaro	Gym	Mrs. Rivoire
3/4	Mrs. Richardson	Library	Mrs. D'Alfonso
4	Ms. Lackey		
4/5	Mrs Beck (Ms. Aziz) *	Office Assistant	Mrs. Marini
5	Mr. French	Office Manager	Mrs. Gilbert
6A	Mrs. Piercey	Head Custodian	Mrs. Russell
6B	Mrs. Ghobrial	Vice Principal	Mrs. George
7A	Mr. Hassberger	Principal	Ms. Breen
7B	Mr. Patten		
8A	Mrs. Mullin		
8B	Ms. Norris (Mrs. Camara) *		

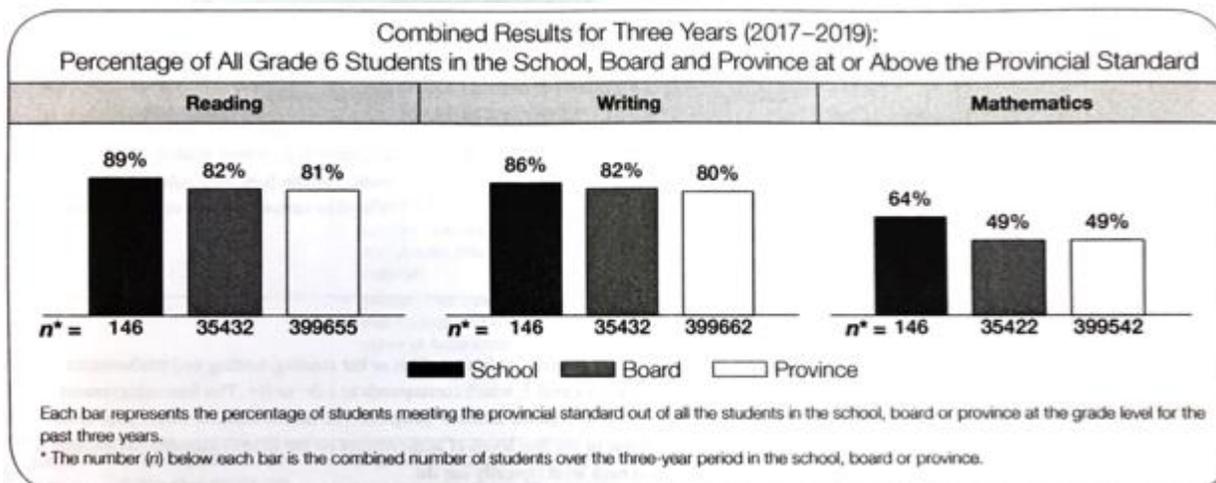
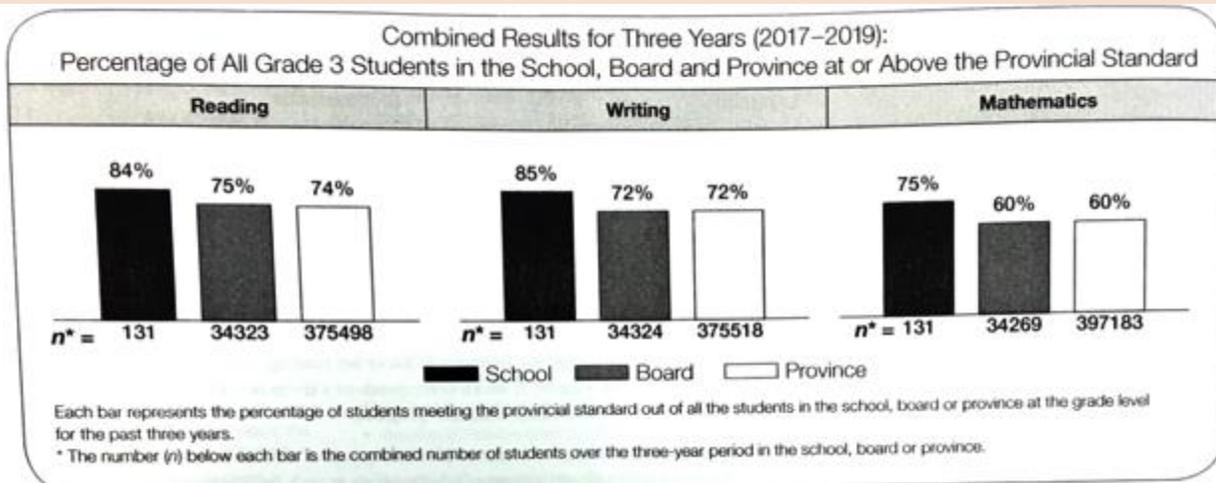
* Note: Please note that Mrs. Beck is away on medical leave. Ms. Aziz will be in for her during her absence. Also, Ms Norris is away on parental leave. Ms Camara will be in for her until October 21st.

EQAO Results for 2019

Below you will see the Achievement Data for EQAO 2019 for both Grade 3 and Grade 6. Although our results in math have gone down in both Grade 3 and 6, we continue to be above both Board and Provincial results in all areas including math.



Below you will see the combined results over the last 3 years for our school, the Board and the Province.



As Educators, we continue to reflect on how we can improve our students' academic achievements. EQAO is one measure of reflection for educators. We continue to be proud of all of our students' achievements both academically and beyond.

Club Updates

Palgrave hosted a BOKStable course on Monday, September 23rd in celebration of the 5-year anniversary of the BOKS KIDS program in Canada.

Fifty-five students in grades 4 and 5 participated in this event in the school gym before the remaining grades were able to experience the obstacle course outdoors on the playground. Thank you to all the staff and volunteers, including Reebok staff who helped to facilitate this event!



BOKS is in its first session at Palgrave and is currently being offered to students in Grades 1 through 6. Look for sign up information for our next session coming up soon!

For more information you can visit the bokskids.ca website.

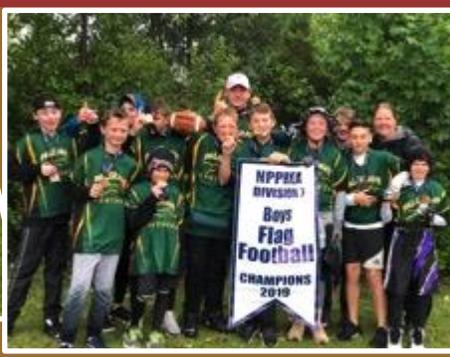
Sponsored by Reebok, BOKS (Build Our Kids' Success) is a FREE physical activity program that gives kids a body and brain boost to set them up for a successful day of learning. The mission of BOKS is ***“To empower school communities to improve our children mentally, physically and socially by strengthening their minds and bodies through movement.”***

The BOKS vision to have active kids in every school, every day started in 2009 when Executive Director Kathleen Tullie was inspired by the research of Dr. John Ratey, author of *Spark*, and his finding that:

“Exercise is the single most powerful tool that we have to optimize the function of our brain.”

We are always looking for volunteers to help run this program. Please contact Heidi Hayhoe at hayhoeb2@gmail.com if you are interested!

The Walk-to-School Program is every Wednesday. The group meets in the fire station parking lot at 8:30 am and leaves to walk to school at 8:45 am. Everyone welcome!



News about town...

High School Info Nights

Do you know what Secondary School you are considering for Grade 9? Interested in knowing more about Peel high schools? Many of these schools are hosting information nights for Grade 8 students and their families. For more information, [click here](#).

CONGRATULATIONS TO OUR FOOTBALL TEAMS!

Our Palgrave flag football teams were hard at work on the field October 3rd in Brampton trying to capture the coveted NPPHEA Division 7 flag (pun intended). Despite the cold and wet conditions, our senior students did our Panthers proud. The boys came out 2019 D7 Champs, while our girls lost a hard fought game in the playoffs to emerge with a top 5 finish.

Well done Panthers!

(photo credit Christine Czar)

Thank Your Bus Driver!

Bus Driver Appreciation Day is October 23rd.

Please take a moment on that day to say a special ‘thanks’ to the dedicated men and women who safely transport our children to and from school each day.

Home & School Fundraising Updates

We've had a wonderful start to this school year! The Fall BBQ had a fabulous turn out, and we would like to extend our very sincere thanks to all those parents and students who came out and supported the event. Also, we owe a debt of gratitude to the many volunteers who made the event run so smoothly!

Did you know that Palgrave's Home & School Association is the major fundraising group for the school? We raise money to purchase items and to support services that fall outside of the school's education funding. Our 2019-2020 planned events and target fundraising amounts are listed in this table.

We are thrilled to announce that Home & School funds raised by the Dance-A-Thon and Cookie sales last year were used to support Palgrave's Outdoor 'Obstacle' Area. We were able to put aside a total of \$8,900 thanks to everyone who supported these fundraisers!

We are next looking forward to the Winter Bazaar, and we hope to see you there!

We rely on the help of amazing Palgrave parents. If you would like to volunteer – no matter how much or how little – we would love to hear from you!

Drop us a line at palgrave.homeschool@gmail.com

Home and School Fundraisers 2019-2020

Event	Target (\$)	Date
Fall BBQ	700	September
Cookies	1,000	December
	1,000	May
Dance-a-thon	6,000	February
Winter Bazaar	4,000	November
Spring BBQ	700	May
Milk program	5,000	All year
Food program	6,000	All year
Seeds and Bulbs (Gr. 8 grad)	1.250	March
Card Project	1,000	May
Total	\$26,650	

PEEL BOARD NEWS

(click on link for more info)

- Ready? Set? High School! [A parent's guide to high school](#)
- Palgrave school celebrates [Islamic Heritage Month](#)
- #WellinPeel: [Becoming aware of your own self-care](#)
- [Regional learning choices programs](#) unlock passions
- Engage. Educate. Empower. [Speaker Series](#).
- Jump start your future with [Explore High Skills](#)

- [Peel Region High Performers program](#)
- Registration open – [Continuing international languages program](#) for K-12 students
- [Videotaping on school premises](#)
- [Peel District School Board recognizes Orange Shirt Day](#) on September 27th
- [Palgrave School recognizes Orange Shirt Day](#) on September 27th
- [Peel Principals and Vice-Principals' Day](#) on October 2nd
- Celebrate [Teachers' Recognition Day](#) in Peel, October 4th

- [Bus Driver Appreciation Day](#) on October 23rd
- October is [International Walk to School Month](#)
- [Peel high school information nights start this fall](#)
- [Get involved in your child's education](#)
- [Tips to ensure the safety of students](#)
- Protect your kids – and your finances - with [insuremykids student accident insurance program](#)
- [Peel Learning Foundation](#)
- [Be a smart Trick-or-Treater](#)
- [School Bus Safety Week](#) is taking place October 21st – 25th

Ready? Set? High School! A Parent's Guide to High School

Get ready for what could be the most exciting and important years your teen spends in school. For the first time, teens will have to make choices about what they will study and what career pathway to choose.

Whatever path your teen chooses, we want to make sure your entire family is ready to meet the challenges and embrace the many opportunities that await your teen upon graduation. Our *Parent's Guide to High School* will provide you with a snapshot of what you need to know to help your teen be successful. To view the online booklet, visit www.peelschools.org/parents/helpyourchild/parentguide.

For more ways on helping your teen make a smooth transition, visit www.peelschools.org/parents/helpyourchild.

[Click here to return to newsletter](#)

Palgrave School celebrates Islamic Heritage Month

On April 9, 2019, as part of the board's commitment to equity and inclusion, the Peel board approved a motion to recognize and celebrate Islamic Heritage Month in October. In addition to Islamic Heritage Month, the Peel board also approved motions to recognize and celebrate Indigenous Heritage Month and Hindu Heritage Month in November, Sikh Heritage Month in April and Jewish Heritage Month in May. The board will continue to recognize Black History Month in February, Asian Heritage Month in May and Pride Month in June.

The Government of Canada first established October as Islamic History Month in 2007 while the Province of Ontario declared the month of October as Islamic Heritage Month in 2016.

During Islamic Heritage Month, schools across Peel will participate in a number of activities that recognize and celebrate the rich heritage, history, culture and contributions of Muslim Canadians as well as Muslim communities from around the world.

[Click here to return to newsletter](#)

#WELLinPEEL

Becoming Aware of Your Own Self-Care

From the PDSB Mental Health Resource Team

Taking care of oneself is crucial and necessary for everyday well-being and stress management. This applies to children, youth and adults. For students who are managing multiple transitions, their daily workload, tests and deadlines, as well as navigating peer relationships, *coping* comes easier when their basic needs are met. For parents, educators and other adults who take on caring roles, *caring* for others comes easier when our basic needs are attended to as well.

Consider the following areas of **self-care**:

- **Eat:** We all need to refuel. If you are under a lot of stress, be mindful of the foods you choose. Keep a healthy snack nearby so that you can refuel easily and avoid being “hangry”.
- **Sleep:** Aim to get seven to nine hours of sleep each night. Research has shown that getting five hours or less of sleep a night can create health problems. Getting enough sleep also helps you to better deal with the stresses of everyday life.
- **Drink:** Drink a lot of water and consider decreasing or discontinuing caffeine intake. Our body’s response to caffeine can mimic a stress reaction and can cause you to feel nervous or contribute to sleeping difficulties.
- **Move:** The positive effects of being physically active are astounding. It increases your energy, enhances your immune system, reduces insomnia, stimulates brain growth and acts as an anti-depressant. You can achieve these benefits by as little as a 30-minute walk.
- **Connect:** Strong social connections are one of the most powerful influences on our well-being. Those who are dedicated to spending time with family and friends show the highest levels of happiness. If you can’t see your loved ones every day, you can still leave a note, send an email, or make a phone call.
- **Pause:** Be sure to take time for yourself during the day. Take a few deep breaths, meditate, do a few stretches, take a brisk walk, or do some other activity that helps you feel restored.

What area(s) of self-care do you find easy to prioritize? What area(s) are most difficult? What one area could you work on improving over the next month or so? Consider discussing these areas with your family members. Perhaps individual family members may want to set a personal goal or the entire family may want to work on a shared family goal.

Also, remember to repeat. Research has shown that it takes approximately 21 days to establish a new habit or routine. By focusing on just one self-care practice for the next month, it is much more likely that you will incorporate this practice into your daily routine over the long term!

For updates and to follow along with the work of the PDSB Mental Health Resource Team, find them on Twitter @MHRTPeel.

Adapted from School Mental Health Ontario (2018) tipsheet “Personal Resiliency: The Basics of Self-Care”

[Click here to return to newsletter](#)

Regional Learning Choices programs unlock passions



Regional Learning Choices Programs offered by the Peel District School Board empower students by providing them with opportunities to develop and explore skills in a particular area of interest. Regional programs are open to all students who meet the criteria for acceptance. Students and their families are encouraged to attend the information night for the program of their choice to receive more information about the program and application details.

Transportation is not provided for students in regional programs. If students have been accepted into a regional program and they live within the school boundary, they are eligible for busing only if they meet the distance criteria outlined in the board's *Transportation Policy #39*.

All regional programs include annual fees, including a non-refundable \$40 application fee, except the **Regional Skilled Trades** and Transportation Engineering and Technology programs, which are offered at no cost.

Important dates to note:

	Applications open	Applications close
ELEMENTARY	Jan. 27, 2020 at 8:30 a.m.	Feb. 10, 2020 at 3 p.m.
SECONDARY	Nov. 11, 2019 at 8:30 a.m.	Nov. 25, 2019 at 3 p.m.

Programs	Schools offered at	Starts in grade:		
		6	7	9
Actively in Motion (AIM)	Royal Orchard MS	✓		
Advanced Placement	Central Peel SS, John Fraser SS			✓
Arts	Earncliffe Sr. PS (starts in grade 6), Queen Elizabeth Sr. PS (starts in grade 7), Cawthra Park SS, Mayfield SS	✓	✓	✓
Arts and Technology	Morning Star MS	✓		
Graphic Design Management	T.L. Kennedy SS			✓
International Baccalaureate	Bristol Rd. MS, WG Davis Sr. PS, Erindale SS, Glenforest SS, Harold M. Brathwaite SS, Turner Fenton SS	✓		✓
International Business and Technology	Allan A. Martin Sr. PS, Lisgar MS, Williams Pkwy Sr. PS, Meadowvale SS, North Park SS, T.L. Kennedy SS	✓		✓
International and Executive Leadership Academy	T.L. Kennedy SS			✓
Regional Skilled Trades	Judith Nyman (starting in September 2020) , West Credit SS			✓
SciTech	Centennial Sr. PS, Macville PS, Tomken Rd. MS, Chinguacousy SS, Port Credit SS	✓		✓
Sports	Applewood Heights SS			✓
Strings	Central Peel SS, Port Credit SS			✓
Truck and Coach Engineering and Technology	Bramalea SS			✓

For more information about program information nights, busing, fees and the application process, visit www.peelschools.org/RegionalPrograms

[Click here to return to newsletter](#)



Engage. Educate. Empower. Speakers Series.

After 18 years, the Peel District School Board is revamping its annual parent conference. After hearing from participants, we are changing the traditional full-day workshop model to a multi-evening speaker series focused on a specific subject, where parents and caregivers will hear from a keynote speaker followed by a panel who will take audience questions. We will also invite Peel board departments, groups and community partners to share their information in an exhibitor area.

The *Engage. Educate. Empower. Speaker Series* is co-presented by the Peel Elementary Teachers' Local. Without their support, this free learning event for parents/caregivers would not be possible.

Date and Time	Location	Topic and Speaker
Monday, Nov. 4, 2019 5 to 8 p.m.	HJA Brown Education Centre, 5650 Hurontario St., Mississauga	Digital citizenship and online safety featuring Jesse Miller
Wednesday, Jan. 22, 2020	Chinguacousy Secondary School, 1370 Williams Pkwy., Brampton	TBA
Wednesday, Feb. 26, 2020	Mayfield Secondary School, 5000 Mayfield Rd., Caledon East	TBA

**These free events are open to all Peel board parents of students at all grade levels.*

Reserve your spot for the first session starting Oct. 7, 2019 at www.peelschools.org/parents/conference.

Click here to return to newsletter

Jump start your future with Explore High Skills



Explore High Skills is a Peel District School Board pathway program that allows secondary schools with Specialist High Skills Major (SHSM) programs to offer a unique specialized program choice for grade 9 and 10 students.

These sector-related programs are available to students in all skill levels and in all pathways. Specialized programs in grade 9, like Explore High Skills, provide unique learning experiences to engage students as they transition to high school. Students can focus their learning on an area of interest as they build self-confidence, learn essential skills, and develop a sense of belonging in school and in the community.

To enroll in the Explore High Skills program, students will indicate their interest when selecting high school courses in the fall. For more information about the program and participating schools, go to www.peelschools.org/ExploreHighSkills

[Click here to return to newsletter](#)

Peel District School Board program offers flexible school options for student athletes, artists



Does your child/teen have an intense sports or arts training and competition schedule that makes it difficult to attend school regularly? The Peel District School Board's *Peel Region High Performers Program* will offer flexible timetabling to accommodate student athletes and artists with demanding practice, competition, rehearsal and/or performance schedules.

Peel Region High Performers Program is offered at:

- Britannia Public School (grades 4 to 5)
- Dolphin Sr. Public School (grades 6 to 8)
- Mississauga Secondary School (grades 9 to 12)

Information nights will be offered as follows:

Location	Information Night
Britannia Public School	Nov. 7, 2019 from 6:30 to 8 p.m.
Dolphin Sr. Public School	Nov. 6, 2019 from 6:30 to 8 p.m.
Mississauga Secondary School	Nov. 5, 2019 from 6:30 to 8 p.m.

For more information, visit www.peelschools.org/HighPerformers.

[Click here to return to newsletter](#)

Registration open – Continuing Education International Languages program for K-12 students

The opportunity to study a language in addition to English and French can benefit all students, society in general and an increasingly independent world, including:

- students with no prior knowledge of a particular language
- students whose first language is English or French and who wish to study their home languages as a second or third language
- students whose first language is their home language

The International Languages program is based on oral communications, reading and writing in languages other than English or French. Grammar and language knowledge are incorporated into each of the three skill areas.

Any student who is currently enrolled in a Peel District School Board elementary or secondary school is eligible to attend.

Classes operate each Saturday from mid-September to mid-June, except for holiday weekends and school vacations. Credit classes are 3.5 hours per day and run from 9 a.m. to 12:30 p.m. Elementary classes are 2.5 hours per day and run from 10 a.m. to 12:30 p.m.

Registration is currently open. In partnership with School-day, Continuing Education offers an online, cashless registration process. Please visit www.peelschools.org/conted/il for further information.

[Click here to return to newsletter](#)

Videotaping on school premises

While on school premises, the Peel District School Board is responsible for the protection of students and their privacy. In honour of our commitment to privacy and safety, we request that the use of audio and/or visual (video) recording equipment not be permitted unless authorized by school teaching or administrative staff prior to the recording being made. This includes the use of cellphones for recording your child on school property. We thank you kindly for your continued cooperation.

[Click here to return to newsletter](#)

Peel District School Board to recognize Orange Shirt Day on September 27th

First launched in 2013 in Williams Lake, Orange Shirt Day commemorates the history and the legacy of residential schools, and the strength and fortitude of residential school Survivors and their descendants. Although Orange Shirt Day is on Monday, September 30, 2019 Peel District School Board schools and worksites will recognize the day on Friday September 27, 2019. Students and staff are encouraged to wear orange shirts at schools in recognition of the day. Furthermore, staff are encouraged to investigate age appropriate Peel resources to help all students understand the history of residential schools.

The Truth and Reconciliation Commission of Canada (TRC) has issued [94 Calls to Action](#), which include calls for schools and communities to teach students about Canada's history of residential schools. Addressing the TRC's Calls to Action are embedded in the Peel board's commitments to achieve inclusion for all through continuous progress on equity. These commitments are captured in the Board's Plan for Student Success. The board is proud to support Orange Shirt Day to help engage students in learning about the Residential School System and its legacy in Canada.

For more information on Orange Shirt Day, visit www.orangeshirtday.org

How you can get involved:

The Woodland Cultural Centre in Brantford, is hosting a Survivors Gathering on September 29th, supporting the journey of Residential School survivors and their families. Please go to <http://woodlandculturalcentre.ca/event/survivors-gathering-2019/> for more information.

[Click here to return to newsletter](#)

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[Click here to return to newsletter](#)

Peel board recognizes Peel Principals and Vice-Principals' Day on Oct. 2

In 2018, the board of trustees declared the second Wednesday of October as Peel Principals and Vice-Principals' Day. This year, due to a holy day conflict, this date will be celebrated on Oct. 2. This day allows the community to recognize the important work of principals and vice-principals, and to acknowledge the lasting contributions that they make in the lives of students, families and community members. Take a moment to let your principal and vice-principal know they are truly appreciated.

[Click here to return to newsletter](#)

Celebrate Teachers' Recognition Day in Peel

Since 1994, parents and students from around the world have celebrated World Teachers' Day to commemorate the work of teachers and their contributions to society. On Oct. 4, take the time to let your child's teacher know he or she is truly appreciated. Thank your child's teacher and let them know they are making a difference.

[Click here to return to newsletter](#)

Oct. 23 opportunity to say 'thanks' to bus drivers

Peel schools will pay tribute to bus drivers on Bus Driver Appreciation Day on Oct. 23, 2019. The day will be celebrated with special activities and events that provide teachers, students and parents an opportunity to thank the people who safely transport over 36,000 students to and from school each day.

If your child rides the bus to school, take this opportunity to thank the bus driver for his or her contribution and ask your child to do so too. The Peel board appreciates the important job bus drivers do each school day and Oct. 23 provides an opportunity to give these individuals the recognition they deserve.

[Click here to return to newsletter](#)

October is International Walk to School Month

According to the 2015 Active Healthy Kids Canada Report Card, about 91 per cent of 5-to-17-year-olds are not meeting Canadian Physical Activity Guidelines to get at least 60 minutes of daily moderate-to vigorous-intensity physical activity. These declining activity levels are linked to obesity, illness and chronic diseases (i.e., cardiovascular disease, diabetes, and cancer).

Using active transportation for the school journey is one of the easiest ways for students to get regular daily physical activity. Managing time to allow for the walk or bike ride to school will become a positive habit that leads to children arriving on time, refreshed and energized for the school day. In fact, University of Illinois research has found that just 20 minutes of easy walking boosts performance in the areas of the brain that support math and reading achievement.

Walking to school also helps out the environment. Eliminating just four short trips per week can reduce emissions by up to 100 kg of carbon dioxide per year. Families that participate in active travel to school can prevent almost 1,000 kg of carbon dioxide per year and save money in fuel costs as well. Also, when more children walk to school and fewer parents drive their children, the areas near school zones become safer for pedestrians.

That is why our school will be participating in International Walk to School Day on Wednesday, October 2. On that day—and throughout the month, if you can—walk, bike, blade, scooter, skip or hop to school....but don't drive!

International Walk to School month is part of the Active & Safe Routes to School program. Visit www.saferoutestoschool.ca/ for more information.

[Click here to return to newsletter](#)

Peel high school information nights start this fall

Learn about the Peel District School Board advantage and your local Peel board secondary school at an upcoming parent information night. For dates and times, visit www.peelschools.org/schools/informationnights or call the school directly. To find out which secondary school your teen will attend, call 905-890-1010/1-800-668-1146 ext. 2212 or visit www.peelschools.org/schools/findyourschool.

***Please note that dates and times are subject to change. For the most up-to-date information, please contact the school directly.*

[Click here to return to newsletter](#)

Get involved in your child's education

Research shows parent involvement positively affects student success. Becoming more involved brings many benefits. You will get to know teachers, the principal and other parents better. You will be able to share your talents, experiences and ideas. You will inspire youth—and be inspired by them. You will show your child how much you value education. You will gain insights that can help you to boost your child's learning. And you could develop skills and knowledge that can help you in your own career.

There are many ways to be involved. Attending the Peel District School Board's annual parent conference, volunteering at your child's school, talking to your teen about their school day and reading with your child at night are all forms of parent involvement. Visit www.peelschools.org/parents/involved to learn more.

[Click here to return to newsletter](#)

Tips to ensure the safety of students

At the Peel District School Board, the safety and well-being of students remains our top priority. While staff do their best to support students at school, parents are encouraged to remind their child(ren) to not touch or pick-up any unfamiliar or sharp items found at the school or elsewhere. This includes needles, syringes, plants, animals and more. When a child encounters any unfamiliar items, they should notify an adult.

Here are some helpful tips for parents/guardians to share with their child(ren):

1. **Leave unfamiliar or sharp items alone.** Items include:
 - Broken glass
 - Sharp metal or splintered wood
 - Live or dead animals
 - Needles or syringes
 - Barrels, cans or buckets
 - Spray cans
 - Heavy objects
 - Plants, such as poison ivy
2. **If they encounter such items, inform an adult so they may notify proper authorities or dispose of it safely.**
3. **Educate your child(ren) to identify unfamiliar items.** Talk to them about why they should not be touching these items.
4. **Let nature be natural.**
 - Leave nature materials alone: logs, leaves, branches, sticks, etc.
 - Do not dig up big items. Digging may lead to erosion.
5. **What happens when you touch an unfamiliar item.**
 - If a child touches any of these objects or hurt themselves, they should notify an adult immediately. Even a small cut can become infected.
6. **Be mindful of your surroundings.** Children can find unfamiliar items in familiar settings, such as their neighbourhood or school grounds. Remind them to notify an adult when they encounter any of these items.

[Click here to return to newsletter](#)

Protect your kids — and your finances

Each year, many of our families spend thousands of dollars when their children are injured at school, on field trips or at home. Government health care plans and group insurance plans often provide limited coverage for accident expenses. Sometimes, expenses are not covered at all! This means that you, the parent/guardian, are left financially responsible.

To help protect your family, the Peel board has arranged to have student accident insurance available exclusively through Old Republic Insurance Company of Canada's insuremykids® student accident insurance program.

The coverage can include:

- dental expenses, and future costs (resulting from an accident)
- total and permanent disability
- paralysis/loss of use of limbs
- special disability benefits
- ambulance fees

The Peel District School Board does not provide accident insurance coverage for student injuries that occur on school property or during school activities—this includes extracurricular sports. If a student is injured, parents are responsible for any costs not covered by provincial health care or their employer's health care plan. Please check with your provider regarding your coverage.

The provincial health care system does not cover costs, which are commonly related to accidents including dental work, ambulance fees, casts and crutches, and physiotherapy. All of these are covered by insuremykids® student accident insurance program. They offer three plans with a variety of benefits at affordable rates.

It is strongly recommended that all families consider this coverage, especially if your child participates in extracurricular activities. The insurance agreement is between you and Old Republic Insurance Company of Canada.

For more information, please visit www.insuremykids.com or call toll free at 1-800-530-5446.

[Click here to return to newsletter](#)



**Peel Learning
Foundation**
Create hopeful tomorrows

Our work has just begun.

The Peel Learning Foundation's mission is to raise funds to enable Peel District School Board students to achieve personal excellence by providing resources that help them overcome barriers. We officially launched in February 2019, and to date, the foundation has supported more than 200 students.

*Did you know that 1 in 5 students in Peel Region face barriers related to poverty.
That's more than 27,000 Peel board students.*

Through the Student Emergency Needs program and Student Backpack program, the support we provide can be as simple as providing funds for food or transportation, a winter coat, or a backpack filled with school supplies. This type of support can enrich a student's school experience and help them achieve success. Any teacher, staff or support person can speak confidentially to their school's principal, vice-principal or supervisor when they encounter a student in need, who will then reach out to us to ask for help.

There are many ways that you can support the foundation. A gift will help us achieve great things for students. To learn more, visit www.peelllearningfoundation.org/how.

You can help us create hopeful tomorrows.

www.PeelLearningFoundation.org | 905-890-1010 ext. 2461 | foundation@peelsb.com



@PeelLearningFDN |



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Tips for being a smart trick-or-treater

Halloween is a fun and exciting time, but safety should be the number one concern. Here are some safety tips for children:

- 1) Wear a properly fitted costume that is bright and non-flammable. Use reflective tape on your costume so you can be seen in the dark.
- 2) Use face makeup or enlarge the eyes on your mask so you can see well. When wearing a mask, push it up on your head while walking.
- 3) Teach children to visit the front door of well-lit homes and never go inside.
- 4) Help your child plan a route and a time to be home.
- 5) Remind children to always walk on the sidewalk, and obey traffic and pedestrian signals.
- 6) Have an adult check treats at home before allowing children to eat them.
- 7) Younger children should go trick-or-treating with an adult. Older children are reminded to trick-or-treat in groups.
- 8) Teach children their home phone number and how to call 9-1-1 if they have an emergency or become lost.

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STUDENT TRANSPORTATION OF PEEL REGION

STOPR

Keaton Centre, 5685 Keaton Crescent, Mississauga, Ontario.L5R 3H5
Phone: 905-890-6000 Fax: 905-890-6033

School Bus Safety Week is taking place October 21 to 25, 2019

In Ontario over 825,000 students travel to and from school safely on a school bus each and every school day.

School Bus safety week is intended to raise awareness about school bus safety and the important work our *School Bus Drivers* perform throughout the province in safely transporting students.

Here in Peel Region our school buses travel over 100,000 kilometers per day and deliver 60,000 students safely to and from school.

STOPR would like to take this opportunity to remind everyone to take special care and caution whenever you are approaching a school bus. Always watch out for children, especially when the school bus is stopped with its overhead flashing lights and stop arm activated and students are being picked up or dropped off.

We all play an important role in school bus safety and keeping children safe. Please watch out for **“the big yellow bus”** and never pass a school bus with the overhead red lights flashing.

If you have children that ride a school bus this would be a good opportunity to review with them all of the important school bus safety rules to help keep them safe.

Please check our web site (www.STOPR.ca) for important student safety information and a safety video.

Wednesday October 23, 2019 is School Bus Driver Appreciation Day.

Driving a school bus can be very challenging at times. School Bus Drivers often deal with adverse weather, traffic and road conditions all the while ensuring that the many children riding on their school bus are safe and secure.

STOPR would like to take this opportunity to say **“Thank You”** to all of our dedicated School Bus drivers for the incredible job they do in keeping our students safe each and every school day.

On Wednesday October 23, 2019 please take a moment to offer a word of thanks to your children’s bus driver.

[Click here to return to newsletter](#)