



LISGAR MIDDLE SCHOOL

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Mrs. A. Williams, Principal

Mrs. Y. Williamson, Vice-Principal

Dear Parent or Guardian:

In approximately two weeks, we will begin a health unit on Healthy Living-Human Development and Sexual Health. The purpose of this letter is to inform you of the topics that will be covered and to provide you with the opportunity to speak with me prior to commencing our studies.

It is our belief that you as parents/guardians play the most significant role in the formation of your children's values, virtues and behaviours related to human development and sexual health. This unit offers you the chance to discuss the classroom lessons and to consider them in view of your own family and religious beliefs.

This unit covers the following areas:

OVERALL EXPECTATIONS:

- Identify the major parts of the reproductive system and their functions and relate them to puberty

SPECIFIC EXPECTATIONS:

- Relate the changes at puberty to the reproductive organs and their functions
- Apply a problem-solving/decision-making process to address issues related to friends, peers and family relationships

Yours truly,

The P.E. Team

The Source: Health and Physical Education – Grade 6