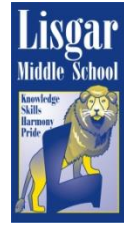


LISGAR MIDDLE SCHOOL

**6755 Lisgar Drive
Mississauga, Ontario L5N 6S9
Phone (905) 785-0105
Fax (905) 785-0108**



Mrs. A. Williams, Principal

Mrs. Y. Williamson, Vice-Principal

Dear Parent or Guardian:

In approximately two weeks, we will begin a health unit on Healthy Living-Human Development and Sexual Health. The purpose of this letter is to inform you of the topics that will be covered and to provide you with the opportunity to speak with me prior to commencing our studies.

It is our belief that you as parents/guardians play the most significant role in the formation of your children's values, virtues and behaviours related to human development and sexual health. This unit offers you the chance to discuss the classroom lessons and to consider them in view of your own family and religious beliefs.

This unit covers the following areas:

OVERALL EXPECTATIONS:

- Describe age-appropriate matters related to sexuality (e.g., the need to develop good interpersonal skills, such as the ability to communicate effectively with the opposite sex).

SPECIFIC EXPECTATIONS:

- Explain the male and female reproductive systems as they relate to fertilization
- Distinguish between the facts and myths associated with menstruation, spermatogenesis, and fertilization; identify the methods of transmission and the symptoms of STDs, and ways to prevent them
- Use effective communication skills (e.g., refusal skills, active listening) to deal with various relationships and situations
- Explain the term abstinence as it applies to healthy sexuality
- Identify sources of support with regard to issues related to healthy sexuality (e.g., parents/guardians, doctors)

Yours truly,

The P.E. Team