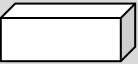
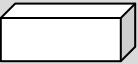
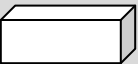
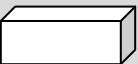
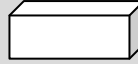


Student: \_\_\_\_\_

Week of: \_\_\_\_\_

Coop Teacher: \_\_\_\_\_

Rec'vd onTime?  Date Rec'vd: \_\_\_\_\_

	Daily / Weekly Activities	Assertive vs. Aggressive
<b>Monday</b>		<b>Expectation: Teamwork Learning Skills</b>
Date _____		<p><b>Assertiveness</b> is learned, a feeling of self-esteem. An assertive person respects him/herself and others.</p> <p>An <b>aggressive</b> person achieves his/her own ends at the expense of others. Are you assertive or aggressive at work? How do others react to you?</p>
Start _____		
Finish _____		
 Total Hours		
<b>Tuesday</b>		
Date _____		
Start _____		
Finish _____		
 Total Hours		
<b>Wednesday</b>		
Date _____		
Start _____		
Finish _____		
 Total Hours		
<b>Thursday</b>		
Date _____		
Start _____		
Finish _____		
 Total Hours		
<b>Friday</b>		
Date _____		
Start _____		
Finish _____		
 Total Hours		

**New Learning**

**Hours:**

 This Week

 Past Total

 Total to Date

*Supervisor Only*

Signatures ➤ Student: \_\_\_\_\_ Employer: \_\_\_\_\_

# Reflection Focus

Knowing your personal rights can help you become more assertive. You have the right to:

- ask for what you want
- say no if you feel unsafe
- be in a non-abusive environment
- expect honesty from others
- express your feelings
- be comfortable around people

Discuss these as they apply to your coop placement.

Discuss any other feelings or issues you have!

- Expectations:**
- R2 Placement-specific workplace health and safety considerations
  - R3 Issues relating to confidentiality and the right to privacy, as outlined in the Freedom of Information and Protection of Privacy Act
  - R5 The individual's right to function in a climate free from abuse and harassment
  - R8 Appropriate methods of dealing with and reporting concerns or problems at the placement

	Needs Improvement	Satisfactory	Good	Excellent
Critical Thinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insightful Reflection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Literacy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>