

PARENTING IN A STRESSFUL WORLD

Understanding stress development, self regulation, warning signs & brain positive activities for kids.

presented by
Dr. Kristen McLeod

Wednesday, February 13, 2019

7 p.m. to 9 p.m.

**HJA Brown Education Centre
Board Room**

Free Event

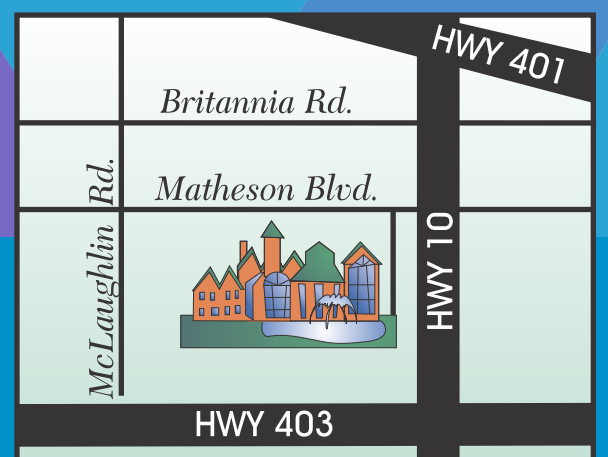
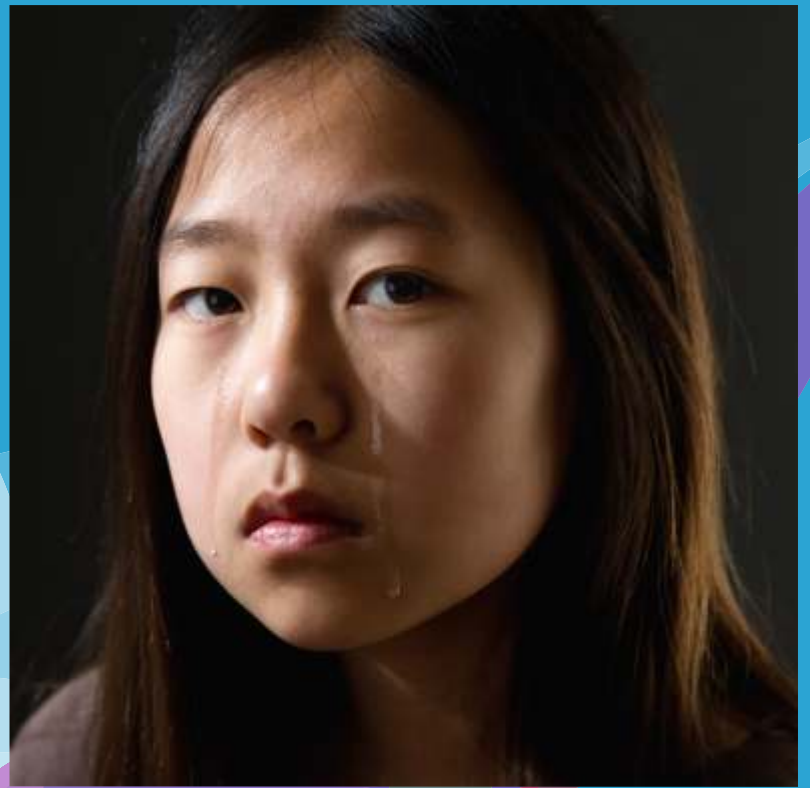
**Donations to Social Work
Children's Camp & Wellness Fund
are appreciated**

Register early

300 spots available

Child care is not provided

**RSVP by February 10, 2019 to:
Racquel Parris
905-890-1010, extension 2314
racquel.parris@peelsb.com**



parent night

