

## **Learning Strategies 1: Skills for Success in Secondary School, Grade 10 – Open GLE 200**

This course is only for students who have an IEP.

Building upon the foundation established in GLE 100 students will continue to learn and to utilize strategies that help them address their specific learning needs. This course more specifically examines who the students are as individuals (values, beliefs, self reflection) and the support that they can utilize for success. This course also begins to prepare students for the literacy test, general test takings skills, technological support, and stress and anger management.

### **Unit One:** *Who Am I?*

- IEP Exploration Part 2
- Understanding My Exceptionality
- My Values and Beliefs

### **Unit Two:** *Building Towards Success*

- Goal Setting
- Study Skills
- Note Taking
- Time Management
- Accessing Technology Supports
- Preparing for OSSLT (Test Taking/Literacy Skills)

### **Unit Three:** *Personal Growth and Learning*

- Self Advocacy
- Dealing with stress
- Conflict Resolution (peers)
- Anger Management
- Stress Management
- Group Communication

**Prerequisite:** None