

## **Learning Strategies 1: Skills for Success in Secondary School, Grade 9 – Open GLE 100/GLS 100**

GLE 100 is only for students who have an IEP.

Students with specific learning needs must learn and utilize strategies that help them address their specific learning needs. This course explores learning strategies and social skills to help students become better, more independent learners while improving their personal management skills, both in school and other contexts. Students will learn how to develop and apply a range of strategies to improve their learning and achievement, particularly their literacy, numeracy, communication, and planning skills.

### **Unit One:** *Who Am I?*

- Learning Styles
- Multiple Intelligences
- IEP Exploration Part 1
- Right/Left Brain

### **Unit Two:** *Setting Up for Success*

- Getting Organized/Ready for High School
- Study Skills
- Reading a Textbook / Note taking
- Time Management
- Test Taking
- Goal Setting

### **Unit Three:** *Personal Growth and Learning*

- Self Advocacy
- Dealing with Stress
- Interpersonal Skills (Making Friends etc.)
- Resilience/Overcoming Obstacles

**Prerequisite: None**